



Ministerstwo  
Sportu



## **Safety measures**

1. All participants are responsible to keep social distance of minimum 2m at all times.
2. Physical contact must be excluded. Excluded the support staff members
3. All occupants must wear masks or a visor at the venue.
4. It is strongly recommended to carry disinfectants with you
5. Only your own equipment may be used.
6. While waiting for the event, the competitors and assistants are obliged to respect the principle of social distance. Failure to respect the distance may result in exclusion from competition.
7. Before entering the competition office or classification room each person should disinfect hands and cover mouth and nose with the mask or visor.
8. The disinfection liquid must be present at every entrance to the venue, cloakrooms, competition office, call room and classification room.
9. For safety reasons, during the competition, competitors and coaches should minimize external contacts, which is avoid being in crowded places such as shops, bars, restaurants etc.
10. All team members who have symptoms of respiratory system during the competition should report this fact to the team manager, who must inform the organizer and the medical staff about the situation.
11. Athletes who suffer from symptoms of a cold are excluded from participation.
12. Only people accredited will have access to the FOP
13. The use of changing rooms and showers will be limited.
14. Medical team will be in place.
15. After the end of your our competition and training sessions, you must leave the area immediately.
16. The hygiene measures must be strictly followed at all times.

### **Entrance to the venue**

- The entrance for athletes, staff and audience will be separated or controlled so the principles of social distance are maintained
- Every person entering the venue must wear mask or a visor covering nose and mouth
- Every person entering the venue must disinfect hands
- Every person entering the venue will have a temperature measured
- The way spectators move around the venue will prevent two people going in opposite directions from passing each other

### **Changing room and Shower area**

- In order to ensure the safety distance, every second shower will be blocked.
- The changing lockers will not be all available. Every second single locker will be locked.



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### **During the competition**

- in the call room distancing should be secured at all times. No more than 1 heat in the room
- Athletes transfer to the pool from the call room takes place under the supervision of judges
- To the next event athletes may be led out only if the previous competition has ended and the athletes have left the swimming pool lines
- Athletes should avoid direct contact when greeting and thanking for competing
- The work of officials during the competition should assume maintaining the required distance
- After the end of the competition athletes should immediately leave the pool basin
- All participants and spectators must wear masks or visors covering nose and mouth. Does not apply to the competitors and announcer during the competition.
- It is recommended that competitors come to the starting line without bags and backpacks
- Toilets and common places like cloakrooms will be disinfected at least once every 60 minutes

### **Arrival and departure**

- all participants are obliged to wear a mask when on buses.
- upon arrival at the venue athletes and personl must maintain the minimum distance and wear a mask

### **In case of significant illness symptoms**

- Person with the symptoms of Covid-19 (such as: cough, body temperature over 38C, breathing problems) should not enter the venue. If the symptoms appear while being on the venue, person should be isolated in the dedicated room or be separated from other people in the special zone with the distance of 2 meters on each side. This fact should be reported to the organizer and notified to the poviatt epidemiology station. All surfaces that the person has come into contact with should be disinfected.
- If the symptoms are severe and threaten health or life, go to the hospital with your own transport or call the ambulance service at 999. Do not use the public transport, taxi or other transport in which you have contact with other people.
- A hospital dedicated to patients with Covid-19 is Independent Public Integrated Hospital in Szczecin, Arkońska 4 ; telephone number: (91) 813 94 43, (91) 813 94 54